



Name: _____

Age: _____ Start Date: _____

RESPONSIBILITY CHECKLIST

Parents - Please check off each responsibility on the chart below as your child accomplishes it. Write us a note in the comments section if your child does something above and beyond their regular responsibilities. If your child has had a successful week, bring the completed form in and they will be rewarded with a **BLUE STAR!**

RESPONSIBILITY	MON	TUES	WED	THURS	FRI	SAT	SUN
Bedroom Responsibilities							
Make my bed							
Put my clothes away							
Put my toys away							
Self-Care Responsibilities							
Brush My Teeth							
Take a shower/bath							
Pick-Up Clothes and Towels							
Academic/TKD Responsibilities							
Complete my homework							
Review the next day's work							
Prepare my backpack and snack							
Practice my TKD form 5 times							
Family Responsibilities							
Clean-up after meals							
Listen to parents/grandparents							
Play well/share with siblings							
Comments:							

Parent /Child Chat - Doing the tasks you are responsible for shows that you respect yourself, your belongings, and your family. Respect is being considerate and honoring yourself and others!